

Team Schedule
Track
3/1/2023 to 7/1/2023

Berrien Springs HS
201 Sylvester Avenue
Berrien Springs, MI 49103

Joe Stephens
School Phone: 269-471-1748
Fax:
jstephens@homeoftheshamrocks.org

Track

Boys Varsity

			Place	Depart	Time
Wednesday	04/12/23	Lakeland Pre-Season Jamboree Benton Harbor High School Brandywine Senior High School Buchanan HS Dowagiac High School			
			Away		TBA
Friday	04/14/23	Fruitport High School (Fruitport Invitational)	Away		3:00 PM
Wednesday	04/19/23	Buchanan HS	Away		TBA
Friday	04/21/23	Allegan Public Schools (Allegan Invitational)	Away		03:00 PM
Wednesday	04/26/23	Brandywine Senior High School	Home		TBA
Friday	04/28/23	OPEN (Shamrock Relays)	Home		TBA
Wednesday	05/10/23	Benton Harbor High School	Home		TBA
Friday	05/12/23	Shamrock Invitational Bangor Public Schools Benton Harbor High School COLOMA HIGH SCHOOL Harper Creek HS Lawton High School Mishawaka High School Northridge Prep High School			
			Home		04:00 PM
Wednesday	05/24/23	Lakeland Championship Meet Benton Harbor High School Brandywine Senior High School Buchanan HS Dowagiac High School			
			Home		TBA

Girls Varsity

			Place	Depart	Time
Wednesday	04/12/23	Lakeland Pre-Season Jamboree Benton Harbor High School Brandywine Senior High School Buchanan HS Dowagiac High School			
			Away		TBA
Friday	04/14/23	Fruitport High School (Fruitport Invitational)	Away		3:00 PM
Wednesday	04/19/23	Buchanan HS	Away		TBA
Friday	04/21/23	Allegan Public Schools (Allegan Invitational)	Away		3:00 PM
Wednesday	04/26/23	Brandywine Senior High School	Home		TBA
Friday	04/28/23	OPEN (Shamrock Relays)	Home		TBA
Wednesday	05/10/23	Benton Harbor High School	Home		TBA
Friday	05/12/23	Shamrock Invitational Bangor Public Schools Benton Harbor High School COLOMA HIGH SCHOOL Harper Creek HS Lawton High School Northridge Prep High School			
			Home		04:00 PM

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Girls Varsity

Wednesday 05/24/23

Lakeland Championship Meet
Benton Harbor High School
Brandywine Senior High School
Buchanan HS
Dowagiac High School

Place

Depart

Time

Home

TBA

Superintendent

Dave Eichberg

Principal

Stacey DeMaio

Assistant Principal

Adam Carr

Athletic Director

Joe Stephens