

Berrien Springs Partnership Syllabus and Instructor Qualifications

CLASS TITLE: Andrews Jr. Cardinal Disc Golf

GRADE OR AGE LEVELS: 5th - 12th Grades

FORMAT: IN-PERSON

START DATE: 09/10/23

END DATE: 11/12/23

WEEKS TOTAL: 10

WEEKS OFF: N/A

DAY/TIME REQUIRED: Sunday afternoons

ADD'L DAYS/WK AVAILABLE: TBD

HOURS (REQUIRED): 16

HOURS (POSSIBLE): 20

TOTAL SEMESTER HOURS POSSIBLE: 20

LOCATION/ADDRESS: Andrews University, Disc Golf Course, Berrien Springs – parking lot of Howard Performing Arts Center.

MAIN INSTRUCTORS: Jonathan Logan

CONTACT INFORMATION: Phone: 269-208-1933 Email: scott.e.schalk@gmail.com

ADDITIONAL REGISTRATION AT SITE REQUIRED? Yes

IF YES, INSTRUCTIONS FOR REGISTRATION: Medical paperwork – bring copy of insurance card

MAIN INSTRUCTOR QUALIFICATIONS: Coach Logan helps runs the Andrews League and has 2 Amateur tournament wins. He is consistently one of the best players in the Berrien area with a vast knowledge on throwing techniques.

COURSE DESCRIPTION:

Andrews Jr. Cardinals Disc Golf is a beginner to intermediate level class designed for those students interested in learning about disc golf. Students will learn the basic rules, skills and strategy of disc golf through practice and games. This class is perfect for students looking for a fun and active way to stay fit, make new friends and learn a new sport that is sweeping across the world.

SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING ACTIVITY

Week 1: Spirit of the Game

- Introduction to the game of Disc Golf
- Types of throws
- Introduction to putting

Week 2:

- Backhand
- Disc selection and strategy
- Round 1

Week 3:

- Forehand
- Round 2

Week 4:

- Putting
- Mental Game
- Doubles 1

Week 5:

- Skills Test 1
- Open play

Week 6:

- Approach / Scramble
- Playing smart
- Round 3

Week 7:

- Rollers and overhand throws
- Round 4

Week 8:

- Skills Test 2
- Open play

Week 9:

- Make-up week
- Doubles 2

Week 10:

- Make-up week
- Open play

STUDENT ASSESSMENT:

| | | | | |
|--------------|-----------|-----------|-----------|-----------|
| Backhand | A – 250ft | B – 200ft | C – 150ft | D – 100ft |
| Forehand | A – 200ft | B – 150ft | C – 100ft | D – 75ft |
| Putting | A -80% | B – 60% | C – 40% | D – 30% |
| Course Score | A – 63 | B – 67 | C – 70 | D – 76 |

ADDITIONAL RESOURCES: (online, books, video, etc.): N/A

CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.

Attendance: 80% unless excused absence from parents

Behavior: Good attitude and sportsmanship

Weather: Classes will be cancelled based on school closings