

# Berrien Springs Partnership Syllabus and Instructor Qualifications

**CLASS TITLE: Andrews Jr. Cardinal Disc Golf**

**GRADE OR AGE LEVELS: 5<sup>th</sup> - 12<sup>th</sup> Grades**

**FORMAT: IN-PERSON**

**START DATE: 01/28/24**

**END DATE: 04/28/24**

**# WEEKS TOTAL: 14**

**WEEKS OFF: N/A**

**DAY/TIME REQUIRED: Sunday 4-6pm**

**ADD'L DAYS/WK AVAILABLE: TBD**

**# HOURS (REQUIRED): 16**

**# HOURS (POSSIBLE): 28**

**TOTAL SEMESTER HOURS POSSIBLE: 28**

**LOCATION/ADDRESS: Andrews University, Disc Golf Course, Berrien Springs – parking lot of Howard Performing Arts Center.**

**MAIN INSTRUCTORS: Jonathan Logan**

**CONTACT INFORMATION: Phone: 269-208-1933 Email: scott.e.schalk@gmail.com**

**ADDITIONAL REGISTRATION AT SITE REQUIRED? Yes**

**IF YES, INSTRUCTIONS FOR REGISTRATION: Medical paperwork – bring copy of insurance card**

**MAIN INSTRUCTOR QUALIFICATIONS: Coach Logan helps runs the Andrews League and has 2 Amateur tournament wins. He is consistently one of the best players in the Berrien area with a vast knowledge on throwing techniques.**

## **COURSE DESCRIPTION:**

**Andrews Jr. Cardinals Disc Golf is a beginner to intermediate level class designed for those students interested in learning about disc golf. Students will learn the basic rules, skills and strategy of disc golf through practice and games. This class is perfect for students looking for a fun and active way to stay fit, make new friends and learn a new sport that is sweeping across the world.**

## **SYLLABUS/OUTLINE: WEEKLY BREAKDOWN OF PROJECT-BASED LEARNING ACTIVITY**

**Week 1: Spirit of the Game**

- Introduction to the game of Disc Golf
- Types of throws
- Introduction to putting

Week 2:

- Backhand
- Disc selection and strategy
- Round 1

Week 3:

- Forehand
- Round 2

Week 4:

- Putting
- Mental Game
- Doubles 1

Week 5:

- Skills Test 1
- Open play

Week 6:

- Approach / Scramble
- Playing smart
- Round 3

Week 7:

- Rollers and overhand throws
- Round 4

Week 8:

- Skills Test 2
- Open play

Week 9:

- Make-up week
- Doubles 2

Week 10:

- Make-up week
- Open play

**STUDENT ASSESSMENT:**

<b>Backhand</b>	<b>A – 250ft</b>	<b>B – 200ft</b>	<b>C – 150ft</b>	<b>D – 100ft</b>
<b>Forehand</b>	<b>A – 200ft</b>	<b>B – 150ft</b>	<b>C – 100ft</b>	<b>D – 75ft</b>
<b>Putting</b>	<b>A -80%</b>	<b>B – 60%</b>	<b>C – 40%</b>	<b>D – 30%</b>
<b>Course Score</b>	<b>A – 63</b>	<b>B – 67</b>	<b>C – 70</b>	<b>D – 76</b>

**ADDITIONAL RESOURCES: (online, books, video, etc.): N/A**

**CLASS POLICIES: ATTENDANCE, BEHAVIOR, WEATHER, ETC.**

**Attendance: 80% unless excused absence from parents**

**Behavior: Good attitude and sportsmanship**

**Weather: Classes will be cancelled based on school closings**